

U3A in Bath

A POSITIVE AND CREATIVE
APPROACH TO RETIREMENT

Chair: Anne Banks



Learn, Laugh and Live!

U3A no. 55

Registered charity no: 1004449

Number 353 MEMBERS' NEWSLETTER March 2020

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Further details are available from the Outings table on lecture days

Convenors - have you submitted your annual report? Please see [Page 5](#)

Newsletter Material

Please send material for the newsletter by email to: newsed@u3ainbath.org.uk .

Items for the April newsletter should be received by Friday 6th March

These **New Members** are very welcome: Lynne Bradbrook, Ann & Keith Browning, Sarah Ferguson, Sandra Friend, Claire Goodall, Jeremy Ludford, Peter Miles, John Reid, Rodney Sheppard and Rodney Vowler.

Letter from the Chair



Following my open invitation to contribute to the Newsletter in February's issue, I am delighted to say that I have had some response – watch this space! However, this month you have me again.

Recently I have been thinking about communication. How do we communicate with each other: phone, email, radio, television, newspapers, WhatsApp, Instagram, Facebook, letter or even, perish the thought, face-to-face!

Every time I open my laptop or phone I find more emails waiting for me. I usually delete half of them straight away, open some of them, delete a further 50%, note the content of some, file some and maybe reply to one or two. Similarly with 'snail mail', we have a heavy duty shredder and the paper recycling bin by the front door, much of the stuff the poor post person is forced to carry goes straight into either of these, others get opened and then meet a similar fate. And again, when the landline phone rings, 90% of the time especially at certain times of the day it will be a cold caller, cut off in their prime! We don't have an answer system on our landline, working on the principle that if someone really wants me, they will phone again. On my mobile, if I miss a call and if it's urgent I know I will get a message.

I have a subscription to a daily newspaper which I read (and do the quick crossword and sudoku!) but I also read it via an app, similarly, but less often, BBC news. I rarely watch the news these days with the exception of the late night Points West, mostly to see Ian Ferguson on the roof and then pay no attention to what he says because I have the BBC weather app!

From when he first left home, until they were both dead, my father used to write a letter to his parents every Sunday night and his mother would reply. They never used the phone, urgent messages warranted a telegram – remember them? My siblings and offspring, friends and I mostly use WhatsApp. You just have to remember which group you wish to contact and best of all when your message has been read the two blue ticks appear, that's all you need to know.

What is the point of this little ramble? Just to say that when we are all in danger of information overload I suppose it is up to us to decide what is important to us and to exercise choice over what we read, how we read it, who we talk to and how we talk to them. Here's hoping that some of you are reading some of this!

Anne Banks

Annual General Meeting

Thursday 4th June

The Annual General Meeting will follow the lecture at around 11.35. The Agenda and other papers will be attached to the June newsletter with a nomination form for elections to the committee.

The Constitution provides that nominations shall be in writing and close during the Annual General Meeting at a time decided and announced by the Secretary. Those elected assume office at the close of the AGM.

Meg Gore Langton
Secretary, U3A in Bath sec@u3ainbath.org.uk

Talk Review: *The Bath Abbey Footprint Project* by Alix Gilmer on 6 February

The talk was presented by Alix Gilmer, Project Director of the Footprint Project at Bath Abbey. The project is a £19.3m programme of capital works to repair the floor, install eco-friendly heating and provide new facilities including a Discovery Centre, learning space and Song School.

She gave us a brief history of the different churches on the site of the Abbey, from Anglo-Saxon times, through the Norman and Tudor periods. By the late 18th century the Abbey had a reputation for being crowded with burials, with a 'stench scarce to be imagined'. To rectify this major repair work was undertaken by Sir George Gilbert Scott in the 19th century. It was interesting to hear how the footprint project is adding to our knowledge of the Abbey's history and of the surrounding area.

Alix went on to explain the background to the project and updated us on progress. The project started in May 2018 and is due to be complete in the summer of next year. She described some of the challenges they are facing, which range from working in the Roman drain to excavating a wealth of archaeological finds from prehistoric flints to evidence of Georgian dentists. Using modern techniques, such as a photogrammetric survey, alongside age-old skills of stone masons and the like, progress has been successful. One of the most significant finds has been fragments that are likely part of the Anglo-Saxon church where King Edgar was crowned as first King of England in 973 AD.

Of topical interest, taking account of the current climate crisis, we heard about the plan to use energy from Bath's hot springs. The technology being utilised means that energy from the natural hot waters will provide 50% of the Abbey's energy requirements, reducing carbon emissions by the same amount. (Perhaps, this will stimulate further use of the hot waters as a local energy resource?)

We heard how the footprint project is providing opportunities to build on the work the Abbey does with the local community. They have expanded the network of volunteers and seventy of them have given over 600 hours to record the inscriptions on the Abbey's 891 historic grave stones (ledger stones). Students from Bath Spa University and the University of the West of England have produced artwork for the hoardings which screen the phase 2 building work and have been involved in creative work to replicate the ledger stones on the Abbey floor in a variety of materials. Partnership work with the Gardner's Lodge Art Group, a supported art group for people who want to improve their mental health and wellbeing, has resulted in a mosaic created by the group which is also being installed on the hoardings.

Alix provided a fascinating and thorough overview of this significant project. If you wish to find out more, behind the scenes tours are due to start again shortly. For details and other information about the footprint project follow this link: <https://www.bathabbey.org/footprint/>

Gary Forrest



Groups Organiser

U3A in Bath does not have a Groups Organiser! This is an important role providing coordination of all Group activities. It is essential for the formation of new Groups and ensures that new and changing interests are covered. Please consider whether you might be able to help our U3A by filling this essential post. Please contact Anne Banks at chair@u3ainbath.org.uk.

Help will be provided during the introductory period and continuing support will be available from members of the Committee.

Special Interest Day

Climate Change and Sustainable Futures

This meeting will be held on Tuesday 5th May 2020 9.30 to 16.00 at Marlborough College Memorial Hall. It is intended for regional U3A members and the staff and students of the college.

The Programme:

Penny Tranter: *Climate Change - is it really real?*

Robin Stafford Allen: *Fusion Power - Within our grasp?*

Professor Peter Edwards: *The Circular Carbon Economy*

Dr Katherine Steentjes: *Societal Perceptions of Climate Change*

The cost is £15 per person for U3A members. The fee includes attendance, coffee/tea, lunch and parking.

For more details and a registration form please email: sid2020@u3ainkennet.org.uk .

It is very much regretted that the incorrect email address was included in the January and February issues of the newsletter. The Editor apologises for any inconvenience! The address above is now correct.

Review of Café Psychology meeting on Student Mental Health

We had an extremely interesting presentation and discussion lasting one and half hours on 31st January, led by Anna Strudwick who is a clinical Psychologist at the University of Bath. The talk was well documented and provided much food for thought. The 'take home' thoughts are summarised below.

Student sense of wellbeing is consistently rated as **worse** than those in the general population of the same age;

Rates of student mental health problems are roughly **the same** as those in the general population of the same age;

Student suicide rates are significantly **lower** than those in the general population of the same age;

Many of the mental health issues experienced by university students **pre-date their entry to university**;

Student wellbeing and mental health is a significant issue and the need for support is increasing.

Eight people attended and our thought was that as we are the grandparent generation, we might have had more attending. As a result, we intend a repeat in June. Our next talk in April, will have a title (still to be decided) along the lines of 'Given the known problems, why do people risk addiction?'

Peter Martin

First Aid course in April

The British Red Cross have run several two-hour courses for us which those who attended found very informative. The objective was to simplify our response in the case of four emergencies, profuse bleeding, heart attack, possible broken bone and head injury. We used photographs and later practised the correct response. We also looked at how to help the victim of a stroke and victims who were in one case breathing and the other not. It was also good to hear of the Good Samaritan Act which gives us legal protection from being sued if we go to help someone in distress.

[Continued](#)

Continued: *First Aid Course in April*

The course was enjoyable and we felt that we could at least manage a response if necessary, certainly a better response than before the course! The Red Cross provided the training free to us and we provided the room for which we charged those who attended a small fee.

The course will be repeated on Wednesday 22nd April 2020 between 10-12m in the Somerset Room at Manvers Street Baptist Church. The cost will be £4 to cover room hire charges. There will be a maximum of 16. Please advise Peter Martin if you would like to attend (**please do not just turn up!**) and bring £4 cash to cover room hire.

Peter Martin pjminbath@btinternet.com 01225 859856

Group Membership Lists

As secretary it is my job to keep track of the members of every group for insurance purposes. Many groups have failed to report so far. Please see [Page15](#) for information for Convenors.

Please make it a priority to send me your group details if you have not already done so. All I need is a list of names and their membership numbers. This should be sent by email to:

sec@u3ainbath.org.uk . Many thanks.

Meg Gore Langton, Secretary

The Next Talk is on Thursday 12th March

David Baker: *Gordon's Death at Khartoum - Political procrastination and military obduracy*

This lecture begins with General Gordon persuading Sir Samuel Baker that Baker, not Gordon should go out to Khartoum and face the fanatical Mahdi. That was before this was discussed with Florence Baker, Sam's resolute wife! Frustrated, General Gordon leaves the house immediately and is soon on his way to Khartoum and death.

The lecturer, whose research includes the use of family papers, takes the audience back to the time when Sam and Florence put down the slave trade along the Nile south of Khartoum setting up the peaceful province of Equatoria which covered what is now Sudan and Northern Uganda. To suppress the slave trade they had faced unbelievable difficulties. They had transported steamships across the desert by camel, the Nile was blocked by thick vegetation. Devious officials opposed their work, slave traders deceived them at every turn and they even had to march for 70 miles being attacked on every side until "showers of spears passed our faces". Throughout Florence is seen with pistol in her waistband, organising the defences, tending the wounded, and providing for exhausted and hungry troops. No wonder she did not relish a return to that life from the peace in their house in Devon.

Details about today's *Sir Samuel and Lady Florence Baker Trail* will be made available at the end of the lecture. For further information see: www.thebakertrail.com .

The Lecturer is the great-great grandson of Sir Samuel Baker and has access to unique family documents about the expeditions of Sir Samuel and Lady Florence Baker and letters between General Gordon and Sir Samuel before and during the siege of Khartoum.

A Fellow of the Royal Geographical Society, David has travelled along the routes taken by Samuel Baker and with Julian Monro Fisher, Chris Baker and others set up a trail following the Baker's exploration of the source of the Nile.

David has recently lectured at the Royal Geographical Society, to societies in Devizes, to the Royal African Society in Bristol and to the Bath Royal Literary and Scientific Institution as well as to the University of the Third Age.

Please note that this talk is on the second Thursday of the month.

Introduction

All groups are invited to contribute reports of their activities for the interest of the wider membership. Group News is a good place to give notification of any vacancies and to make suggestions for new groups. If you are interested in joining a group please contact the convenor first before turning up at a meeting. Please see the Schedule of Groups on [Pages 16-18](#) for the contact details.

History of Art - Further Study and Discussion

Our group meets on the second Wednesday each month from 1.30pm-4pm in central Bath

Having previously been part of the long running U3A History of Art Outline course, this group has continued as a Further study group, now without our previous tutor who has retired. We are currently looking to expand the group from former U3A History of Art Outline students, although someone with an enthusiastic interest in the History of Art would also be a welcome contributor.

Please use 07498044108 (Mike Carr) for contact by prospective new members.

Please email or call if you require more information mpcarr1@yahoo.co.uk

Share a Read

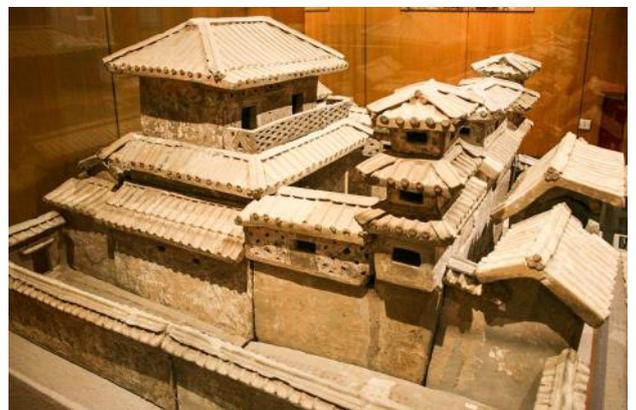
We are a small group who take turns to choose a book and meet in one another's houses. We are currently based in the Keynsham and Saltford areas and are looking for a new member. If you are interested please contact:

Avril Dowell avrildowell@virginmedia.com

Chinese History meeting on 27 Jan 2020

We had our third meeting today as we work our way through Chinese History, probably to bring ourselves up to modern times near the end of the year. This time we looked at the short lived and disastrous Xin dynasty at the turn of the millennium followed by the so-called Eastern Han Dynasty. The most dramatic event was the shifting in 11 AD of the Yellow River estuary some 200 miles and floods which devastated a huge area leaving uncounted millions dead and endless destruction. This calamity gave birth to a peasant revolt, called the "Red Eyebrows". The revolt undermined the Xin dynasty and led to the murder of several emperors before order was restored.

The Eastern or Later Han dynasty is considered to have reached a peak around 80AD with a centralised and bureaucratic administration. After a period of peace the empire started to fall apart again and this time the "Yellow Turbans" did the damage. In the general mayhem emperors rose and fell with dismal regularity and palace eunuchs were massacred. The claimed largest battle in Naval history in terms of numbers involved, the battle of the Red Cliffs was one in which an inferior defeated a superior force and was fought near Wuhan towards the end of the period. Chinese history is nothing if not graphic and one wonders about its implications for today. In the course of this we have excellent maps projected onto a screen and learn some geography as well. The next session will cover the following four hundred years of vicissitude.



Pottery model of a palace from a Han tomb

In spite of the turbulence this period saw important advances including the introduction of paper making. Advances in mathematics included the use of negative numbers but with a space for zero rather than a specific symbol. Pi was calculated to be 3.154.

Peter Martin

Active Adventurers

The year began with the annual 10 Pin Bowling congress at the Bath Leisure Centre. It was good to see so many new members playing. Photos and the match report are on our web page.

Driven Up the Wall: With Brexit looming you have to find something else to do that will take your mind off such things. What better way than to scale a wall or two with nothing but a rope, small toe holds for your feet and finger tips. Under the watchful eyes of experienced mountaineers Reese and Sam from Redpoint in Bristol we were divided into 2 groups and paired up for instructions on safety knot-making, belaying and how to climb a vertical rock face. After a short series of stretching exercise and having shown our prowess on the practice wall we were taken to something a lot higher that in our case incorporated a slight overhang near the top. Belaying was beyond me despite Sam's best efforts to teach me this dark art, though my team mates seemed to pass that test without any difficulty. I am sure I was at a disadvantage being left handed. Rising to the occasion completing Grade 4 and 5 climbs was no mean achievement for any of us. Personally descending the scaled heights by abseiling down was much more fun. The routes became progressively more challenging as time passed until we finally accepted that next years attempt on Monte Blanc was perhaps a bit too ambitious - even for an Active Adventurer.



Our next adventure is Go Karting when 11 spirited petrol heads take to the track again. Judging by the names on the grid the ladies a really up for this one. Then with little time to draw breath 20 of us are going to the USA live from Bristol to play indoor golf on one of the most spectacular golf courses you can imagine. You'll be able to see the photo's and read all the reports on our web page at the end of the month. We try and find something to suit everyone so have a look at our summer program too.

If you want to join us - get in touch: adventurersactive@gmail.com

Richard Hatton

U3A in Bath Buddy Group

This group had its inaugural meeting in February last year, so we have just passed our anniversary. It started as an idea from our former Chairman Peter Martin as a way for U3A members who came on their own or were new to the city (both applied to me) to feel welcome and comfortable in the organisation, and with a view to them joining their first or other activity groups.

We started off with just over 20 members attending that first meeting convened by Anne Banks (now Bath in U3A Chairman), and it has since doubled in number, not least due to the interest generated by the October 2019 Open Morning as well as by word of mouth.

Throughout that time we have organised monthly coffee mornings and afternoon teas at various venues, made cinema, theatre and concert visits, and also lunchtime and evening meals out. Some of the latter have had a theme such as vegan or ethnic cuisine. We've all had some genial and fun times at these events.

Events are organised on various days of the week so that in any given month those with regular commitments on a particular day should be able to make it to at least one of our get-togethers.

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Continued: *U3A in Bath Buddy Group*

Coffee and tea meetings normally attract up to a dozen members at each. Venues tend to be in central city locations so that people can combine the event with shopping, etc. Friendships are formed which can then make entry and participation in many of the U3A activity and interest groups that bit easier.

Any individual U3A member interested in joining us is welcome to come to one of our 'Events Planning' meetings which start promptly at 9.45 am on the morning of the monthly lecture at Bath Pavilion. Email: lindum46@googlemail.com

Nick Sommer



Countryside Walking Group 1

March walk will take place on Thursday 12th March, and will be in the Yatton Keynell area, with lunch at *The Bell* in the village. Please meet at *The Bell* at 1000 for a 1015 start. The walk is 4 miles long over mainly flat terrain (one short steepish ascent only) with 6 stiles. It is likely to be muddy underfoot.

Please let Elisabeth (elisabeth@tortrix.plus.com or 01225 852334), or Mary Challis (marymchallis@gmail.com or 01225 811145) know if you are coming, and if you are staying to lunch, by Monday 9th March. We do not need to pre-order.

Countryside Walking Group 2

Friday 6th March in the Midford valley

Led by Frances & Sue, a walk from Midford along the old railway path to Monkton Combe, returning along the valley following Midford Brook. If potentially too muddy, we will avoid the stream and go uphill to Upper Limpley Stoke and down Midford Lane, with lovely views.

Meet at the Hope & Anchor car park, in Midford (on B3110 towards Hinton Charterhouse) at 10 am for a 10.15 start. Lunch afterwards in the pub, no need to pre-order this time.

Stout footwear and sticks/poles essential!

Please let either Frances or Sue know **by Monday 2nd March** whether or not you intend to join us and whether or not you will be staying for lunch.

fcaldcleugh@hotmail.co.uk susan.d.west70@btinternet.com

Mobile for contact on the day: 07913 851206

Countryside Walking Group 4.

The Group meets every third Thursday in the month. Our March walk will be on Thursday 19th March at Norton St Philip.

We have visited many parts of the countryside surrounding Bath and have enjoyed lunches in lots of delightful pubs. In January we went to the lovely Greyfields Woods in High Littleton and February saw us undertake a town walk through some of Bath's parks.

We have room for new members and will be pleased to hear from anyone who might wish to sample a walk with us.

Please contact Paul Jenkins, Convenor, on 07747806708 or pl.jenkins@hotmail.co.uk for details.

Outings and Theatre Booking Instructions

Please note that there are two different organisers:

Theatre Visits: Irene Murdoch phone: 01225 425112

Outings and Tours: Barbara Black phone: 01225 872958

All members of Bath U3A are welcome to come on any outings. However, members must be responsible for their personal mobility and safety on all occasions.

If booking by post please send a **separate** cheque:

payable to "U3A in Bath - Outings" or "U3A in Bath - Theatre Group"

Send a booking form for each outing to the organiser at the address shown on the booking forms below. Each trip has its own separate page.

Please also enclose a **self-addressed stamped envelope** with your cheque, as confirmation of booking will only be sent if an SAE is included.

To make bookings fair, envelopes will be opened in the order received.

If you need more than one booking form, please copy it before filling it in.

Please bring your current membership card with you on the day.

You can also book at the Outings and Theatre table at the Pavilion lecture

Refund Policy

A full refund will be given if another person can be found to fill the vacancy, using the waiting list if there is one.

If the vacancy cannot be filled, the following will apply:

Full refund of **variable** costs (e.g. tickets for entrance, food if applicable etc);

No refund of **fixed** costs (e.g. coach costs, accommodation etc).

Refunds are also possible at the discretion of the trip organiser.

Where information is requested in addition to basic contact details it is essential that the booking form is signed to comply with our Data Protection Policy.

Outings and Theatre Programme and Booking Forms

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Leamington Spa and Stratford-on-Avon

November/December

Christmas lunch

The King and I Bristol Hippodrome Thursday 26 March 2020

“The King And I” is one of the greatest musicals from the golden age of musicals with one of the finest scores ever written including: Whistle A Happy Tune, Getting To Know You and Shall We Dance? Featuring a company of over 50 and a full scale orchestra, this touring production is gathering rave reviews wherever it shows. Don't miss this sumptuous production and join the Theatre Group when we visit Bristol Hippodrome on 26 March 2020.

Trip organiser: Morag Cribb

Tel: 07549 244599

Please send cheque for £63 per person payable to U3A in Bath (Theatre Group) with the booking form and a stamped addressed envelope to:

Morag Cribb, 21 Belmore Gardens, Bath BA2 1HU

The King and I Bristol Hippodrome Thursday 26 March 2020



First Name:	Surname:	Membership no.:
Address & postcode:		Tel. no.:
		Mobile:
Email:		

First Name:	Surname:	Membership no.:
Address & postcode:		Tel. no.:
		Mobile:
Email:		

Pick-up point: Bear Flat 11.45 am Riverside Car Park 12.00 pm
(please circle your choice)

I enclose a stamped self-addressed envelope and a cheque for **£63 per person** payable to:
 U3A in Bath (Theatre Group)

Day trip to Cardiff on Wednesday 13th May

We will first visit the Senedd, the main public building of Welsh National Assembly. It is a sustainable building, opened in 2006 and built of traditional Welsh material such as slate and Welsh oak with an unusual heating system. It is one of the most environmentally friendly parliament buildings in the world. There will be time for coffee etc. before our guided tour round the Senedd.

We will then make our way to St. Fagans, a national history museum, chronicling the historical lifestyle, culture and architecture of the Welsh people. It is one of Europe's leading open air museums and stands in the grounds of the magnificent St. Fagans Castle, a late 16th century manor house.

During the last 50 years over 40 original buildings from different historical periods have been erected in the 100 acre parkland. Among them are houses, a farm, a school, a chapel, a splendid Workman's Institute and recently two iron age roundhouses have been added. Craftsmen in workshops are still demonstrating their traditional skills and their produce is usually on sale.

The on-site eateries provide a selection of delicious food but you are welcome to bring your own refreshments.

Cost: £12.00, which includes coach travel and tip for the driver (entrances are free)

9.30 am Depart Riverside Coach Park, Bath

9.40 am Pick-up Balustrade, London Road

4.00 pm Depart St. Fagans

5.30 pm ETA Bath.

Please complete the booking form with cheque (payable to U3A in Bath - Outings) and a stamped & addressed envelope and send to:

Barbara Black, 17, Lansdown Road, Saltford, Bristol BS31 3BB, Tel. 01225 872958
email: bm.black@tiscali.co.uk

Day trip to Cardiff on Wednesday 13th May



First Name: _____ Surname: _____ Membership No.: _____
Address: _____ Tel. No. _____
Contact name and phone number in case of emergency: _____

First Name: _____ Surname: _____ Membership No.: _____
Address: _____ Tel. No. _____
Contact name and phone number in case of emergency: _____

Pick-up point: 9.30 am Riverside / 9.40 am Balustrade, London Road
(please circle your choice)

Reply Slip: Day trip to Cardiff on Wednesday 13th May

_____ Places have / has been reserved for you.

You are No. _____ on a waiting list and will be contacted if places become available

Pick-up point: 9.30 am Riverside / 9.40 am Balustrade

Trip organiser: Barbara Black, 17, Lansdown Road, Saltford, Bristol BS31 3BB, Tel. 01225 872958

3 Day Tour to Ilfracombe (including Lundy Island) 25 – 27 August 2020

A day trip to Lundy makes for an unforgettable experience. Although the island is only 3 miles long and ½ mile wide, it offers an amazingly diverse range of things to do. Its 4,000 years of turbulent history comes to life through the forty two scheduled monuments and listed buildings. Because of its isolation, the habitat for wildlife is often compared to that of the Galapagos. We shall be sailing on MS Oldenburg for 2 hours to Lundy for puffin watching, walking and exploring (binoculars recommended). The Marisco Tavern on Lundy has substantial meals and light snacks.

Provisional Itinerary:

Tuesday 25th August:

Pick-up at 10.00 am at Riverside, Bath,
Visit to a suitable attraction on the way before checking in to Grand Harbour Hotel, Ilfracombe.
7.00 pm evening meal.

Wednesday 26th August:

Breakfast. Board MS Oldenburg at 9.15 am to cruise to Lundy.
4.30 pm return to Ilfracombe. 7.00 pm Evening meal.

In the unlikely event that the weather prevents MS Oldenburg from sailing, an alternative attraction will be provided.

Thursday 27th August:

Breakfast. Visit to a suitable attraction on the way home.

Cost: Single room £215.00 Shared room £175.00 per person

What's included:

2 nights bed & breakfast, 2 evening meals, Cruise to Lundy Island, All coach travel.

Please send your booking form with a cheque for **£80.00 deposit per person** payable to:
U3A in Bath – Outings and a stamped & addressed envelope to:

Wendy Higgins, 6 Ivy Grove, Bath, BA2 1AP tel: 07904948252

3 Day Tour to Ilfracombe (including Lundy Island) 25 – 27 August 2020

First Name: Surname: Membership No.:

Address: Tel. No.

Contact name and phone number in case of emergency:

First Name: Surname: Membership No.:

Address: Tel. No.

Contact name and phone number in case of emergency:

Reply Slip: 3 Day Tour to Ilfracombe (including Lundy Island) 25 – 27 August 2020

_____ Places have / has been reserved for you.

You are No. _____ on a waiting list and will be contacted if places become available

Pick-up point: 10.00 am Riverside

Trip organiser: Wendy Higgins, 6 Ivy Grove, Bath, BA2 1AP tel: 07904948252

General Information for Members

Monthly Open Lecture meetings are held at the Pavilion, North Parade, Bath, normally on the first Thursday of the month. Lectures commence at 10.30am with coffee available from 9.45. Why not spread the word and encourage friends to join the U3A in Bath now?

Membership cards should be shown when attending Monthly Open Lecture Meetings. Non-members are welcome but a donation of, say, £2 to help defray our costs would be appreciated.

Details and Membership Forms are available from the Membership Officer at the back of the hall or by phone: 01225 318438. You can also [download one](#) from the U3A in Bath website.

U3A Equipment Inventory: A full list of equipment which may be borrowed by Groups can be found on the website at the foot of the Study & Activity Groups section on:

http://www.u3ainbath.org.uk/group_pages/Zu3aequipment.pdf .

All U3A postal correspondence including membership renewals (but not booking forms for outings or theatre trips) should be sent to:

Name or Officer, U3A in Bath, PO Box 4040, Bath, BA1 0EJ

Members having difficulty finding a Group of their choice (either because it is full, or there isn't one) are invited to contact the Groups Organiser. This might be the time for U3A in Bath to set up a new Group. Group News can be used to describe your interest and to find members of a like mind.

Committee members and their responsibilities:

Anne Banks	01225 314183	Chair	chair@u3ainbath.org.uk
Meg Gore Langton	01225 338272	Secretary	sec@u3ainbath.org.uk
Anna McCarron	01225 420029	Joint Treasurer	treasurer@u3ainbath.org.uk
Jill Carr	01225 318438	Membership Secretary	memadmin@u3ainbath.org.uk
Penny Law	01225 448992	Special Projects	projects@u3ainbath.org.uk
Steve Prowse	07528 269793	Publicity/Social media	publicity@u3ainbath.org.uk
Tom Dowell	01179 096772	Newsletter Editor	newsed@u3ainbath.org.uk
Christine Barron	01225 445922	Newsletter Distribution	newsdist@u3ainbath.org.uk
		Groups Organiser	groups@u3ainbath.org.uk
David Bethell	01225 401219	Outings Trustee	outings@u3ainbath.org.uk
Norma Hall	01225 423681	Theatre Trustee	theatre@u3ainbath.org.uk
John Weinle	01225 840523	Joint Treasurer	treasurer2@u3ainbath.org.uk

Other contacts:

Roger Hurley	01225 311697	Webmaster	web@u3ainbath.org.uk
Andy Pepperdine	07544 821180	Equipment Officer	equipment@u3ainbath.org.uk
Max Aiken	07450 741186	Joint Talks Organiser	speakers@u3ainbath.org.uk
Gary Forrest	07908 802622	Joint Talks Organiser	speakers@u3ainbath.org.uk

Information for Group Convenors

Please notify all changes of venue, day or time to the Groups Organiser, the Webmaster and the Newsletter Editor as soon as possible. Ensure that the Groups Organiser has an email address for at least one Group member. Keep a Waiting List of members enquiring about joining your Group (if full), and notify the Groups Organiser when there are enough members on the Waiting List to suggest forming a new Group. Contact the Groups Organiser if you wish to start a new group or have an idea for one.

Contacts: Groups Organiser: groups@u3ainbath.org.uk 01225 314183
Webmaster: web@u3ainbath.org.uk 01225 311697
Newsletter Editor: newsed@u3ainbath.org.uk 01179 096772

Please check your entry in the Schedule of Groups in this newsletter.

Convenors are reminded that for insurance purposes they must **check all membership cards** each year and **send confirmation to the Secretary** (see below). Members should be aware that if their Group Leaders do not do this it could leave them without compensation in the event of an accident or even personally liable. A report should be submitted each year using email as described below:

Procedure for hiring venues

Convenors should calculate how much the venue is going to cost for the period and how many members are in the group, therefore how much each member should pay for that period.

The convenor should then collect cheques payable to 'U3A in Bath' and send the cheques to the Treasurer.

Every effort should be made to collect payments by cheque but, on occasion, it may be necessary accept cash. In this event the convenor must send a personal cheque to the Treasurer without delay. Under no circumstances should group funds be retained as cash or in members' personal accounts.

When the Convenor receives the invoice for the hiring of the venue, it should be checked and sent to the Treasurer giving authority to pay it.

Convenors' Annual Reports

Convenors should send a report by email to the Secretary sec@u3ainbath.org.uk with a list of members of the group with their membership numbers. This list should normally be submitted in December each year with confirmation that membership cards have been checked to ensure that membership is current.

This Schedule gives summary information on all registered Study, Activity and Interest Groups

Please send details of any errors, omissions or changes to:

newsed@u3ainbath.org.uk , web@u3ainbath.org.uk and groups@u3ainbath.org.uk

Group	Time Day	How Often	Venue	Phone: 01225-
LITERATURE – including Poetry, Play Reading and Creative Writing				
Poetry	1.45 Wed	Fortnightly	Manvers St Baptist Church	461715
A Good Read	2.00 4th Mon	Monthly	The Bubble, St John's Hospital, Bath	312576
More Good Reading	2.00 Tues	Monthly	As arranged	442740
Even More Good Reading	2.00 Thurs	Monthly	As arranged	423321
Modern Novel	10.30 Tues	Monthly	15 Clan House, Sydney Rd	975206
The Reading Group	2.00 1st Fri	Monthly	As arranged	852054
19th & 20th Century Novels	1.45 Mon	Fortnightly	12 Mount Rd, Lansdown	471241
Fact and Fiction	2.00 Thurs	Monthly	Little Meriden, Weston Road BA1 2XZ	421854
The Book Club	2.30 Thurs	Monthly	As arranged	329991
Share a Read	2.00 Varies	Monthly	As arranged	avrildowell@virginmedia.com
Play Reading 1	10.45 Fri	Fortnightly	United Reformed Church	420405
Play Reading 2	2.00 Thurs	Fortnightly	57 Kempthorne Lane BA2 5DX	07975 879470
Play Reading 3	19.15 3rd Mon	Monthly	As arranged	446881
The Short Story & its Development	10.00 3rd Wed	Monthly	As arranged	01249 712654
Creative Writing	2.00 Thurs	Fortnightly	United Reformed Church	340824
Life Writing 1	10.30 2nd Fri	Monthly	Widcombe, Bath	462807
Life Writing 2	2.00 2nd Tues	Monthly	Harington Club, BA1 1HF	420029
SCIENCE and MATHS				
Science	2.30 Thurs	Monthly	The Hub, Mulberry Park	07544 821180
Maths	2.00 1st & 3rd Mondays		The Edge, Bath University	420029
COMPUTING – for Photography and Digital Imaging see under ART				
Free Software	2.00 Thurs	Monthly	1 Clan House, Sydney Rd	07544 821180
Windows Help	2.00 1st Mon	Monthly	Percy Centre, New King Street	428135
HUMANITIES & SOCIAL STUDIES – including History, Current Affairs and Philosophy				
Chinese History	monthly as arranged		member's home as arranged	859856
History 1	10.00 Wed	Fortnightly	Manvers St Baptist Church	426149
History 2	2.00 Thurs	Fortnightly	Manvers St Baptist Church	330521
Local History (Buildings)	10.00 2nd Mon	Monthly	Scout HQ, 7 Grove St	07896 724541/481602
European & Current Affairs International &	10.30 2nd & 4th Thurs		Manvers St Baptist Church	892126
Current Affairs	2.00 2nd & 4th Thurs		Westgate Street	316246
Contemporary Issues	10.30 3rd Wed	Monthly	As arranged	candyindam@gmail.com
Contemporary Issues Forum	10.15 2nd Tues	Monthly	As arranged	01761 434272
Exploring Philosophy	10.30 2nd & 4th Weds		Manvers St Baptist Church	07717 628200
Philosophy 2	10.30 Tues	Monthly	1 Wellington Buildings, Weston	423269
Family History (Intermediate)	2.15 Tues	Monthly	As arranged	429145
Family History On-line	2.00 2nd Wednesday		Widcombe Social Club	462356
History of Art - Further Study and Discussion	1.30 2nd Wednesday		Central Bath	07498 044108
Meditation based on Buddhist teachings	2.30 Tuesdays	Weekly (school terms)	New Oriel Hall, Larkhall	pemakm@gmail.com
ART – including Photography, Craft and Embroidery				
Visual Arts				
Art Workshop 1	9.30 Mon	Weekly	St Luke's Church Hall	421685
Art Workshop 2	10.00 Mon	Weekly	St Mary's Church Hall	858030
Art Workshop 3	10.00 Mon	Weekly	Odd Down Community Centre	425112
Art Workshop 4	10.00 Fri	Weekly	St Luke's Church Hall	robertson.jean@talktalk.net
Photography & Digital Imaging	10.00 2nd & 4th Wed		Twerton Village Hall	padiggroup@gmail.com

Group	Time Day	How Often	Venue	Phone: 01225-
Cookery				
Cooking for Fun	2nd Thurs & 4th Tues of month	As arranged		445922
Textile Arts				
Creative Embroidery	9.45-11.45 Tues	Fortnightly	As arranged	314216
Embroidery for Pleasure	2.00 2nd & 4th Tues		As arranged	314216
Exploring Embroidery	10.00 Tues	Fortnightly	As arranged	314216
LANGUAGE – and Languages				
Discovering Words	2.00 Tues	Fortnightly	Widcombe Social Club	330258
Ancient Languages				
Greek (Classical, Advanced)	2.15 Wed	Fortnightly	As arranged	444269
Greek (Classical, Beginners)	2.30 Tues	Fortnightly	As arranged	317370
Latin (Advanced)	3.00 Wed	Monthly	As arranged	444269
Latin (Intermediate)	10.30 Thurs	Monthly	St Stephen's Church Foyer	317370
Latin (Beginners Level 1)	10.30 Wed	Monthly	As arranged	317370
or	11.00 Wed	Monthly	As arranged	317370
Latin (Beginners Level 2)	2.30 Mon	Monthly	As arranged	317370
or	10.30 Tues	Monthly	As arranged	317370
Latin (Beginners Level 3)	10.30 Thurs	Monthly	As arranged	317370
Modern Languages				
Français au Café Rouge	10.00 Thurs	Fortnightly	Café Rouge, Milsom St	07795 074312
French Conversation	9.30 Mon	Weekly	27 Dragon's Hill Court, Keynsham	01179 864846
French (Alternative)	10.30 Wed	Fortnightly	As arranged	314860
Friendly French	10.00 Mon	Weekly	As arranged	448449
Improve your French	Wed am	Weekly	Southdown area	401219
German Beginners 1	10.30 Fri	Weekly	6, The Tying BA2 6AL	guestmartin@hotmail.com
German Beginners 2	4.30 Thurs	Weekly	6, The Tying BA2 6AL	guestmartin@hotmail.com
German (Intermediate)	10.30 Wed	Weekly	Preston Cottage, Second Ave	428316
Italian (Beginners)	2.00 2nd & 4th Mondays		As arranged	313253
Italian (Post-Beginners)	2.00 2nd & 4th Thurs		As arranged	janchap57@gmail.com
Italian (Intermediate)	10.15 Fri	Fortnightly	Lyncombe Hall, Lyncombe Vale Rd	423304
Italian (Advanced)	2.00 Tues	Fortnightly	As arranged	422326
Russian (Level 1)	2.30 Fri	Fortnightly	As arranged	317370
Russian (Level 2)	10.30 Fri	Weekly	As arranged	317370
Spanish in the Park	2.30 Thurs	Weekly	Mulberry Park, Combe Down	spratty57@hotmail.com
MUSIC – listening and playing				
Choir	10.00 Mon	Weekly	Manvers St Baptist Church	330521
Listening to Music	10.00 2nd & 4th Fri		Manvers St Baptist Church	07717 628200
Recorders 1 Beginners	Times by arrangement		As arranged	837996
Recorders 2 Novices				
Ensemble	11.30 Thurs	Fortnightly	As arranged	837996
Recorders 3 Intermediate				
Ensemble	10.00 most Thursdays		As arranged	01179 475543
Rock Band "Palaeontology"	2.00 Wed	Fortnightly	Monkton Combe Village Hall	01373 834321
Swing Band "On the Edge"	2.00 Tues	Fortnightly	Monkton Combe Village Hall	635714
Ukulele	2.30 to 4.00 2nd & 4th Friday		Southdown Methodist Church	314183
RECREATION – indoor, outdoor and excursions				
Indoor				
Active Adventurers	Time & date as arranged		According to activity	873757
Activities Sharing	Monthly as arranged		As arranged	07879 715261
Badminton	2.30 Thurs	Weekly	Bath Leisure Centre	310825
Buddy Group	9.45 1st Thurs	Monthly	Pavilion	lindum46@googlemail.com
	And as arranged		And as arranged	
Chess (Beginners)		Varies	18 Beckford Gardens	420673
Chess	2.15 Thurs	Weekly	As arranged	420673
Cribbage	10.00 Wed	Weekly	Widcombe Social club BA2 6AA	445922

Group	Time Day	How Often	Venue	Phone: 01225-
Qigong	10.00 Mon	Weekly	Manvers St Baptist Church	07980 855494
Mah-jong 1	2.00 Thurs	Weekly	Mineral Hospital (Ralph Allen Restaurant)	837790 938818
Mah-jong 2	2.00 Thurs	Weekly	As arranged	TBA
Mah-jong 3	2.00 Tues	Weekly	Hall and Woodhouse	314236
Scrabble	1.45 Mon	Fortnightly	Hampset Cricket Club	01179 868893
Swimming	10.00 Thurs	Weekly	Nth Parade Leisure Centre	460172
Table Tennis 1	9.30 Fri	Weekly	Bath Leisure Centre	867487
Table Tennis 2	10.30 Fri	Weekly	Bath Leisure Centre	867487
Table Tennis 3	9.30 Tues	Weekly	Bath Leisure Centre	867487
Table Tennis 4	2.30 Weds	Weekly	Bath Leisure Centre	465618
Theatre Group	See "Outings and Theatre Section"			425112
Outdoor				
Active Adventurers	Time & date as arranged		According to activity	873757
Activities Sharing	Monthly as arranged		As arranged	07879 715261
Bird Watching 1	9.00 Tuesday	Monthly	As arranged	404985
Bird Watching 2	Monthly as arranged		6 Frankcom House, Forester Road or as arranged	466409 07895 191727
Bus Stop Walkers	2nd Thursday	Monthly	As arranged	teresa@aandtlangton.co.uk
Rural Walking with a bus pass	1st Wednesday	Monthly	As arranged	420774
Countryside Walking 1	10.00 2nd Thurs	Monthly	As arranged	07939 583979/07719 660939
Countryside Walking 2	10.00 1st Fri	Monthly	As arranged	311697/872830
Countryside Walking 3	10.00 3rd Mon	Monthly	As arranged	kelvin@number10questhouse.co.uk
Countryside Walking 4	10.00 3rd Thurs	Monthly	As arranged	420774
Countryside Walking 5	10.00 4th Fri	Monthly	Within 10 miles of Bath	07837 903121/427655
Cycling	10.30 2nd Tues & 4th Thurs		As arranged Green Park Stn	863257/07734 556136
Gardening & Horticulture 1	2nd Thurs	Monthly	As arranged	833153
Gardening & Horticulture 2	2.30 4th Monday	Monthly	As arranged	neilreach@icloud.com
Hiking 1	3rd Tues	Monthly	As arranged	07776 366993/427045
Hiking 2	Tues	Monthly	As arranged	466402
Hiking 3	Last Thursday of month		As arranged	sylkojane@gmail.com
Hiking 4	Third Wednesday all day		As arranged	carol.j.friend@gmail.com
Longer Walks	2nd Mon	Monthly	As arranged	722277
Petanque (Boules)	10.30 2nd/4th Thursday		Bird in Hand, Saltford	837598
Tennis	10.00 Tues	Weekly	Alice Park / Victoria Park (Winter)	858964
Watersports	Fri	Fortnightly	Llandegfedd Reservoir	420029

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